

DESIGN YOUR  
*dream life*



**GOAL 1**

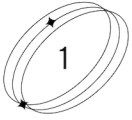
**GOAL 2**

**GOAL 3**

**GOAL 4**

**GOAL 5**

# DAILY REFLECTION

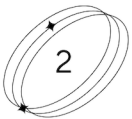


Which one of these goals would light up my life the most?

---

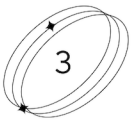
---

---



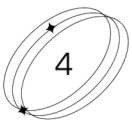
I will celebrate achieving this goal on this date:

---



Shifts to make this goal a reality:

- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_



Daily habits that will get me closer to achieving this goal:

- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_

# JOURNAL



# JOURNAL